



Wakefield District Harriers and Athletics Club Spring Open Meeting



Saturday 3rd April 2010

The organisers reserve the right to change the programme without notice

ORDER OF EVENTS - FIELD

10.30 am

Hammer Jun/Sen Men

11.00 am

GROUP 1

Long Jump U11 Boys
Long Jump U11 Girls
Shot U13 and U15 Girls
Hammer Jun/Sen Ladies

GROUP 2

Long Jump U15/U17/Junior/Senior Ladies
Shot U11 Girls
Long Jump U13 and U15 Boys
Discus U17/Junior/Senior Men

GROUP 3

Shot U11 Boys
Shot U15 Boys
Shot U13 Boys
High Jump U13/U15 Girls and U17 Jun/Sen Ladies
Discus U17/Junior/Senior Ladies

GROUP 4

Long Jump U13 Girls
Javelin U17/Junior/Senior Men
High Jump U13/U15 Boys and U17 Jun/Sen Men

GROUP 5

Shot U17/Junior/Senior Men and Ladies
Javelin U17/Junior/Senior Ladies
Long Jump U17/Junior/Senior Men

N.B. It is the sole responsibility of the athlete to ensure they report to the marshalling area at least 10 minutes before the start of their event, unless they are at a field event and have heard the Marksman, and the Field Officials agree an alternative

Medals are presented to the first 3 athletes in a final for each age group. All field events are finals. All track events are finals, positions will be awarded on times.

ORDER OF EVENTS - TRACK

11.30 am

T1	400m Hurdles Jun/Sen U17 Men	Final
T2	300m Hurdles Jun/Sen/U17 Ladies	Final
T3	1500m Jun/Sen/U17 Ladies	Final
T4	1500m Jun/Sen/ U17 Men	Final
T5	75m Hurdles U15 Girls	Final
T6	80m Hurdles U17 Ladies	Final
T7	80m Hurdles U15 Boys	Final
T8	100m Hurdles Jun/Sen Ladies	Final
T9	110m Hurdles Jun/Sen Men	Final
T10	80m U11 Boys	Final
T11	80m U11 Girls	Final
T12	100m U13 Boys	Final
T13	100m U13 Girls	Final
T14	100m U15 Boys	Final
T15	100m U15 Girls	Final
T16	100m U17 Men	Final
T17	100m U17 Ladies	Final
T18	100m Jun/Sen Men	Final
T19	100m Jun/Sen Women	Final
T20	600m U11 Boys	Final
T21	600m U11 Girls	Final
T22	800m U13 Boys	Final
T23	800m U13 Girls	Final
T24	800m U15 Boys	Final
T25	800m U15 Girls	Final
T26	800m U17 Men	Final
T27	800m U17 Ladies	Final
T28	800m Jun/Sen Ladies	Final
T29	800m Jun/Sen Men	Final
T30	4 x 60m Shuttle Relay U11 Boys	Final
T31	4 x 60m Shuttle Relay U11 Girls	Final
T32	3000m Jun/Sen/U17 Ladies	Final
T33	3000m Jun/Sen/U17 Men	Final
T34	300m U17 Ladies	Final
T35	400m U17 Men	Final
T36	400m Jun/Sen Ladies	Final
T37	400m Jun/Sen Men	Final
T38	200m U13 Girls	Final
T39	200m U13 Boys	Final
T40	200m U15 Girls	Final
T41	200m U15 Boys	Final
T42	200m U17 Ladies	Final
T43	200m U17 Men	Final
T44	200m Jun/Sen Ladies	Final
T45	200m Jun/Sen Men	Final
T46	4 x 100m Relays	Final